

# Pathways



## Heart

### Growth

I have an awareness of my own spiritual growth, that God is working a change in me



## First Steps

From Galatians 5:22, choose one fruit and work on cultivating that fruit for one week. Research the Church's historical understanding of that fruit. Then identify one person in your life who seems to be a living example of that fruit and meet with them to discuss.



## Next Steps

The Walk to Emmaus is an intense 3-day spiritual retreat designed to bring any Christian into a deeper appreciation of God's love and grace. Talk with a pastor about this opportunity.



## Continuing

As Methodists, we believe that salvation is a process, a journey and not simply a destination. Take the time to answer these three questions:

- 1) What has God saved me from?
- 2) What has God saved me for?
- 3) How is God saving me now?