

Pathways



Heart

Self Denial

I am learning how to set aside my own desires and seek God's will for my life.



First Steps

Abstain or fast from TV or another time-consuming habit this week. Use the extra time to enjoy your family and friends or spend time with God.



Next Steps

Practice ways to become more conscious of time. Choose the longer line at the grocery store check-out. Slow your pace when walking. Use the awareness of your surroundings to lift up the people around you in prayer.



Continuing

For each day of the work week, evaluate how you are keeping your membership vows of prayer, presence, gifts, service, and witness. Consider each day how you can fulfill your vow inside and outside of the church.